

# From Overwhelmed to Overflowing

Inspired by "Living in the  
Goodness of God" by Rick Warren



# Two Fundamental perspectives for life

- A Shortage Mindset- I never have enough
- Focus - my limited resources
- Result- I am overwhelmed

One day a man arrived from Baal Shalishah. He brought the man of God twenty loaves of fresh baked bread from the early harvest, along with a few apples from the orchard. Elisha said, "Pass it around to the people to eat."

His servant said, "For a hundred men? There's **not nearly enough!**"

Elisha said, "Just go ahead and do it. **GOD says there's plenty.**" And sure enough, there was. He passed around what he had—they not only ate, but had leftovers. **2 Kings 4:42-44 (MSG)**

# Two Fundamental perspectives for life

- Shortage Mindset- I never have enough & never will
- Focus - What I don't have
- Result- I am overwhelmed
- Surplus Mindset- God has more than I will ever need
- Focus - God's unlimited resources
- Result- I overflow

The Cup = Your Life

You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

Psalms 23:5 (NIV)

Overflowing life = to be filled beyond capacity with the goodness of God

On the last day, the climax of the holidays, Jesus shouted to the crowds, "If anyone is thirsty, let him come to me and drink. For the Scriptures declare that rivers of living water shall flow from the inmost being of anyone who believes in me."

John 7:37-38 (TLB)

# Our Need for Transformation

...I am the holy LORD God, the one who rescues you. For your own good, I teach you, and I lead you along the right path. How I wish that you had obeyed my commands! Your success and good fortune would then have overflowed like a flooding river.

Isaiah 48:17-18 (CEV)

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# Transformational Habits

## Stay Connected to Jesus Everyday

"Yes, I am the vine; you are the branches. Whoever lives in me and I in him shall produce a large crop of fruit. For apart from me you can't do a thing.

... But if you stay in me and obey my commands, you may ask any request you like, and it will be granted!

... I have told you this so that you will be filled with my joy. Yes, your cup of joy will overflow! John 15:5, 7, 11 (TLB)

# Transformational Habits

## Stop Complaining and be Grateful

In everything you do, stay away from complaining and arguing **Philippians 2:14 (TLB)**

Always keep on praying. No matter what happens, **always be thankful**, for this is God's will for you who belong to Christ Jesus. **1 Thessalonians 5:17-18 (TLB)**

... Let your lives **overflow with joy** and thanksgiving for all he has done. **Colossians 2:7 (TLB)**

# Transformational Habits

## Stop Comparing and be Contented

It's healthy to be content, but envy can eat you up.

Proverbs 14:30 (CEV)

What is so special about you? What do you have that you were not given? And if it was given to you, how can you brag?

1 Corinthians 4:7 (CEV)

# Transformational Habits

Stop Being Stingy and be Generous

Give, and you will receive. You will be given much. Pressed down, shaken together, and running over, it will spill into your lap. The way you give to others is the way God will give to you." Luke 6:38 (NCV)

# Transformational Habits

## Stop Being Stingy and be Generous

Everyone must make up his own mind as to how much he should give. Don't force anyone to give more than he really wants to, for cheerful givers are the ones God prizes. God is able to make it up to you by giving you everything you need and more so that there will not only be enough for your own needs but plenty left over to give joyfully to others. 2 Corinthians 9:6-8 (TLB)

"Look! I stand at the door and knock. If you hear my voice and open the door, I will come in, and we will share a meal together as friends.

Revelation 3:20 (NLT2)