

Reasons you must Manage Your Mind

Inspired by "Rethinking your Life"
By Rick Warren



Reasons to Manage your mind

- Your thoughts _____ your life, so
get _____ of your thought

"Be careful how you think; your life is shaped by your thoughts." Proverbs 4:23 (GNB)

Reasons to Manage your mind

- Any _____ you want in life
must _____ in your mind

"Do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind." **Romans 12:2 (GNB)**

"You're blessed when you get your inside world—your mind and heart—put right. Then you can see God in the outside world." **Matthew 5:8 (The Message)**

Reasons to Manage your mind

- You can change how you _____ by changing how you think

“... I am standing here depressed and gloomy, but I will meditate upon your kindness...” **Psalm 42:6 (The Living Bible)**

“When I had lost all hope, I turned my thoughts once more to the Lord...” **Jonah 2:7 (The Living Bible)**

Reasons to Manage your mind

- There is an _____ _____ for control of your mind

“For we are not fighting against human beings but against the wicked spiritual forces in the heavenly world, the rulers, authorities, and cosmic powers of this dark age.” **(Ephesians 6:12 GNB)**

“So put on God’s armour now! Then when the evil day comes, you will be able to resist the enemy’s attacks; and after fighting to the end, you will still hold your ground. So stand ready, with truth as a belt tight round your waist...” **Ephesians 6:13–14 (GNB)**

“... When he (the devil) tells a lie, he is only doing what is natural to him, because he is a liar and the father of all lies.” **John 8:44 (GNB)**

How?

- Be filled with God’s _____ and God’s _____

“... letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.” **Romans 8:6 (NLT)**