

# Managing your Mind

When life doesn't make sense  
Part 3

"...Jesus made his disciples get into the boat and go on ahead of him to Bethsaida, while he dismissed the crowd. After leaving them, he went up on a mountainside to pray. When evening came, the boat was in the middle of the lake, and he was alone on land. He saw the disciples straining at the oars, because the wind was against them. About the fourth watch of the night he went out to them, walking on the lake. He was about to pass by them, but when they saw him walking on the lake, they thought he was a ghost. They cried out, because they all saw him and were terrified. Immediately he spoke to them and said, "Take courage! It is I. Don't be afraid." Then he climbed into the boat with them, and the wind died down. They were completely amazed..." **Mark 6:45-52 (NIV84)**

## Lesson:

It's always better to go  
through life with \_\_\_\_\_

"Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble."  
**Ecclesiastes 4:9-10 (NLT)**

## Lesson:

Sometimes you don't  
\_\_\_\_\_ Jesus or  
what He is doing

"when they saw him walking on the lake, they thought he was a ghost. " **Mark 6:49**

# Recognizing Jesus Jesus

- ☉ Jesus us \_\_\_\_\_ to you
- ☉ Jesus is \_\_\_\_\_ for you
- ☉ Jesus is \_\_\_\_\_ with you

“He saw the disciples straining at the oars” **Mark 6:48**

...Christ Jesus, who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us.”  
**Romans 8:34 (NIV84)**

...And surely I am with you always, to the very end of the age.”  
**Matthew 28:20 (NIV84)**

“The church is Christ’s body and completes him as he fills everything in every way.” **Ephesians 1:23(GW)**

## Lesson:

Jesus will do \_\_\_\_\_  
\_\_\_\_\_ to rescue you

About the fourth watch of the night he went out to them, walking on the lake...” **Mark 6:48 (NIV84)**

“Once more Jesus went away and prayed, “My Father, if this cup of suffering cannot be taken away unless I drink it, your will be done.” **Matthew 26:42 (GNB)**