

Strategies for Stressful Times

Trusting God in Times of Change

Inspired by Rick Warren

“And we know that all that happens to us is working for our good if we love God and are fitting into his plans. For from the very beginning God decided that those who came to him—and all along he knew who would—should become like his Son, so that his Son would be the First, with many brothers.” **Romans 8:28–29 (The Living Bible)**

_____ your
Relationship with God

“In everything you do, put God first, and he will direct you and crown your efforts with success.” **Proverbs 3:6 (The Living Bible)**

“He [God] gives power to the tired and worn out, and strength to the weak. Even the youths shall be exhausted, and the young men will all give up. But they that wait upon the Lord shall renew their strength. They shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.” **Isaiah 40:29–31 (The Living Bible)**

Look for God's

“Don't you yet understand? Don't you know by now that the everlasting God, the Creator of the farthest parts of the earth, never grows faint or weary? No one can fathom the depths of his understanding.” **Isaiah 40:28 (The Living Bible)**

“... I am God, and there is none like me. I make known the end from the beginning, from ancient times, what is still to come. I say: My purpose will stand, and I will do all that I please.” **Isaiah 46:9–10 (NIV)**

“From the tribe of Issachar, there were 200 leaders of the tribe with their relatives. All these men understood the signs of the times and knew the best course for Israel to take.” **1 Chronicles 12:32 (NLT)**

“If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him.” **James 1:5 (NIV)**

“...we have even greater confidence in the message proclaimed by the prophets. You must pay close attention to what they wrote, for their words are like a lamp shining in a dark place—until the Day dawns, and Christ the Morning Star shines in your hearts.” **2 Peter 1:19 (NLT)**

Make things that never change Your _____

“The grass withers and the flowers fade, but the word of our God stands forever.”” **Isaiah 40:8 (NLT)**

“But the Lord's plans stand firm forever; his intentions can never be shaken.” **Psalms 33:11 (NLT)**

“The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning.” **Lamentations 3:22–23 (NLT)**