



## Stressed to Blessed

Inspired by Rick Warren's "Keys to a Blessed Life"

“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. **Matthew 5:6 (NASB)**

“God makes people right with himself through their faith in Jesus Christ. This is true for all who believe in Christ...”  
**Romans 3:22 (NCV)**

## When are you likely to be hungry for God?

- ⦿ When \_\_\_\_\_ isn't enough
- ⦿ When you are looking for \_\_\_\_\_
- ⦿ When you are in \_\_\_\_\_



“I've obeyed all these commandments,” the young man replied. “What else must I do?” **Matthew 19:20 (NLT)**

“Do you think those Galileans were worse sinners than all the other people from Galilee?” Jesus asked. “Is that why they suffered? **Luke 13:2 (NLT)**

Then call on me when you are in trouble, and I will rescue you...” **Psalms 50:15 (NLT)**

## How do we become Righteous?

"God makes people right with himself through their faith in Jesus Christ. This is true for all who believe in Christ.."

Romans 3:22 (NCV)



## Ways to stay Hungry

- Stop filling up on Spiritual \_\_\_\_\_
- Make \_\_\_\_\_ your #1 Goal



"Why spend your money on something that is not real food? Why work for something that doesn't really satisfy you? Listen closely to me, and you will eat what is good; your soul will enjoy the rich food that satisfies. **Isaiah 55:2 (NCV)**

"A wise man is hungry for truth, while the mocker feeds on trash. **Proverbs 15:14 (The Living Bible)**

"O God, you are my God, earnestly I seek you; my soul thirsts for you, my body longs for you, in a dry and weary land where there is no water. **Psalms 63:1 (NIV84)**

"But seek first his kingdom and his righteousness, and all these things will be given to you as well. **Matthew 6:33 (NIV84)**

# Ways to stay Hungry

- Choose your \_\_\_\_\_ \_\_\_\_\_ wisely
- Remind yourself how much \_\_\_\_\_ \_\_\_\_\_ you every day



“So—join the company of good men and women, keep your feet on the tried-and-true paths. **Proverbs 2:20 (The Message)**

“Do not be misled: “Bad company corrupts good character.” **1 Corinthians 15:33 (NIV)**

“This is real love—not that we loved God, but that he loved us and sent his Son as a sacrifice to take away our sins. **1 John 4:10 (NLT)**

“And may you have the power to understand, as all God’s people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God. **Ephesians 3:18–19 (NLT)**