

## Making the Difficult Changes in Me

"Put on your new nature, and be renewed as you learn to know your Creator and become like him.

Colossians 3:10 (NLT)



Inspired by "Restarting your Life" by Rick Warren

## Reasons it's so hard to change

- I've been this way so \_\_\_\_\_
- I may \_\_\_\_\_ with my behaviors
- My patterns have a \_\_\_\_\_
- I allow the \_\_\_\_\_ to discourage me



"Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. **Ephesians 6:11 (NLT)**

Lasting Change Requires:

Learning & Facing the Facts



# Sources of fact about you

① The \_\_\_\_\_ : God's Perfection  
Syllabus

② \_\_\_\_\_



"All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work. **2 Timothy 3:16-17 (NLT)**

"As iron sharpens iron, so a friend sharpens a friend.

**Proverbs 27:17 (NLT)**

"The slap of a friend can be trusted to help you, but the kisses of an enemy are nothing but lies. **Proverbs 27:6 (NCV)**

## Lasting Change Requires:

### New Thinking



"throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. **Ephesians 4:22-23 (NLT)**

## Lasting Change Requires:

### The Holy Spirit



"I will ask the Father, and he will give you another Helper to be with you forever— **John 14:16 (NCV)**

"With God's power working in us, God can do much, much more than anything we can ask or imagine... **Ephesians 3:20 (NCV)**