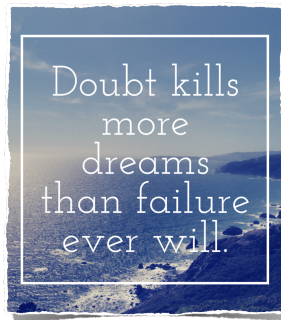


Overcoming Self-Doubt

1 Timothy 4:12-16



Seasons of Life

““For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. 2 Timothy 1:7 (NLT)

“Don’t let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity. Until I come, devote yourself to the public reading of Scripture, to preaching and to teaching. Do not neglect your gift, which was given you through a prophetic message when the body of elders laid their hands on you. Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress. Watch your life and doctrine closely. Persevere in them, because if you do, you will save both yourself and your hearers. **1 Timothy 4:12–16 (NIV84)**

When are you likely to experience self-doubt?

- ⦿ The _____ of a struggle
- ⦿ Recent _____
- ⦿ Sudden _____
- ⦿ Entering a _____

Common ways to deal with self-doubt

- _____ your doubts
- _____ your doubts
- _____ your doubts
- Deal _____ and _____ with doubts

Truth #1:
You are _____,
Depend on God

“Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. **Ephesians 3:20 (NLT)**

“Each one should use whatever gift he has received to serve others, faithfully administering God’s grace in its various forms. **1 Peter 4:10 (NIV84)**

Truth #2:
You are _____,
Own it

Truth #3:
You are _____,
decide to grow

Truth #4:
Your life is a _____,
let others read it

“... Your very lives are a letter that anyone can read by just looking at you. **2 Corinthians 3:2 (The Message)**