

Getting  
Unstuck



Get unstuck  
through \_\_\_\_\_



The LORD spoke his word to Jonah again and said, "Get up, go to the great city Nineveh, and preach to it what I tell you to say." So Jonah obeyed the LORD and got up and went to Nineveh... Jonah 3:1-3 (NCV)

... "My child, don't make light of the Lord's discipline, and don't give up when he corrects you. For the Lord disciplines those he loves, and he punishes each one he accepts as his child." Hebrews 12:5-6 (NLT)

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through \_\_\_\_\_



... Jesus was not able to work any miracles there except to heal a few sick people by putting his hands on them. He was amazed at how many people had no faith. Then Jesus went to other villages in that area and taught. Mark 6:5-6 (NCV)

With God's power working in us, God can do much, much more than anything we can ask or imagine. Ephesians 3:20 (NCV)

## Get unstuck through \_\_\_\_\_



...“What if Joseph is still angry with us? We did many wrong things to him. What if he plans to pay us back?”... Then Joseph said to them, “Don’t be afraid. Can I do what only God can do? You meant to hurt me, but God turned your evil into good to save the lives of many people, which is being done. So don’t be afraid. I will take care of you and your children.” So Joseph comforted his brothers and spoke kind words to them. Genesis 50:15, 19-21 (NCV)

## Forgiveness

- ⊙ Is NOT a \_\_\_\_\_
- ⊙ Is NOT \_\_\_\_\_ restoration of \_\_\_\_\_ and \_\_\_\_\_
- ⊙ Is a choice to release the offender from \_\_\_\_\_



## How does holding a grudge get you stuck?

- ⊙ Stuck in the \_\_\_\_\_
- ⊙ Stuck in the \_\_\_\_\_
- ⊙ Stuck with your \_\_\_\_\_



Yes, if you forgive others for their sins, your Father in heaven will also forgive you for your sins. But if you don’t forgive others, your Father in heaven will not forgive your sins. Matthew 6:14-15 (NCV)

But if we confess our sins to him, he can be depended on to forgive us and to cleanse us from every wrong. [And it is perfectly proper for God to do this for us because Christ died to wash away our sins.] 1 John 1:9 (TLB)