

Anger Management Part 2

Ephesians 4:26-27



Learning to Follow Jesus

See controlling anger
as a _____ Battle



“And “don’t sin by letting anger control you.” Don’t let the sun go down while you are still angry, for anger gives a foothold to the devil. Ephesians 4:26–27 (NLT)

“The thief’s (devil) purpose is to steal and kill and destroy. My (Jesus’) purpose is to give them a rich and satisfying life. John 10:10 (NLT)

Gain control by _____
Anger’s Momentum



“... my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. James 1:19 (NLT)

“Treat others as you want them to treat you. Luke 6:31 (The Living Bible, Paraphrased)

Stop Anger's damage with
_____ Conflict Resolution



So when you offer your gift to God at the altar, and you remember that your brother or sister has something against you, leave your gift there at the altar. Go and make peace with that person, and then come and offer your gift.
Matthew 5:23-24 (NCV)

"If your fellow believer sins against you, go and tell him in private what he did wrong. If he listens to you, you have helped that person to be your brother or sister again.
Matthew 18:15 (NCV)

"So now there is no
condemnation for those who
belong to Christ Jesus.
Romans 8:1 (NLT)

